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## KEIRA MATA

### Building Badger BoD - Books on Demand

In *As Long as It's Fun*, the biography of Lin and Larry Pardey, Herb McCormick recounts their remarkable sailing career—from their early days in Southern California to their two circumnavigations to their current life in a quiet cove in New Zealand. Through interviews with their families, friends, and critics, McCormick delves deeply into the couple's often-controversial opinions, sometimes-tenuous marriage, and amazing list of accomplishments. *As Long as It's Fun* is as much a love story as it is a sea yarn, and, like all such stories, it's not without complications . . . which makes it not only a sailing tale but also a human one.

### Ocean Sailing Adlard Coles

In this book, the eminent psychoanalyst Leonard Shengold looks at why some people are resistant to change, even when it seems to promise a change for the better. Drawing on a lifetime of clinical experience as well as wide readings of world literature, Shengold shows how early childhood relationships with parents can lead to a powerful conviction that change means loss. Dr. Shengold, who is well known for his work on the lasting affects of childhood trauma and child abuse in such seminal books as *Soul Murder* and *Soul Murder Revisited*, continues his exploration into the consequences of early psychological injury and loss. In the examples of his patients and in the lives and work of such figures as Edna St. Vincent Millay, William Wordsworth, and Henrik Ibsen, Shengold looks at the different ways in which unconscious

impressions connected with early experiences and fantasies about parents are integrated into individual lives. He shows the difficulties he encounters with his patients in raising these memories to the conscious level where they can be known and owned; and he also shows, in his survey of literary figures, how these memories can become part of the creative process. *Haunted by Parents* offers a deeply humane reflection on the values and limitations of therapy, on memory and the lingering effects of the past, and on the possibility of recognizing the promise of the future.

### What are Journalists For? Bloomsbury Publishing

He traces the intellectual roots of the movement and shows how journalism can be made vital again by rethinking exactly what journalists are for."--Jacket.

### Voyaging on a Small Income McGraw Hill Professional

After spending eleven years sailing around the globe, husband and wife, Larry and Lin Pardey, decide to spend some time as landlubbers in Bull Canyon, California, and build their own boat, where they experience perhaps their most adventurous voyage yet.

### The Psychosocial Implications of Disney Movies Yale University Press

Reproduction of the original: *A Yacht Voyage Round England* by W.H.G Kingston

### Cruising World Yale University Press

This second book in the Seraffyn cruising series begins with their arrival on the southwest coast of England where they coasted

eastward, stopping where fancy held them, where good friends were made, to winter at Poole, and work to pay for the next leg of their voyage - toward the Baltic. Denmark, Sweden, Finland were full of welcoming and interesting people and an almost invisible bureaucracy. But things were definitely different when they reached Poland where armed guards watched while the people greeted them with flowers, fruits and sweets. Their foray behind the Iron Curtain of the 1970's introduced them to some of the people who lead the Solidarity Movement, the force that eventually toppled the Soviet Union. You'll be right on board as they weather a fierce mast-under broach in a Baltic gale and through the wintery North Seas. Here is a feast for the fantasies of stay-at-homes and a warm account of just two years of the lives of two people who have lived in a wide adventurous world for more than four decades. Their motto -- Go Small, Go Simple, Go Now has encouraged thousands of other sailors to take the plunge. And this book is an entertaining instruction manual on how to live a rich life on very little money. "Lin Pardey has, in her deceptively simple and fresh-faced style, told the story of an unusual and appealing marriage partnership, a special way of life. Yachtsmen will enjoy the technical description of the problems of maneuvering in the tight harbours and unmapped channels...the perils of heavy seas in a small boat. But what is remarkable is that she can draw a nonsailor into these special subjects and make them as comprehensible and absorbing to a landlubber as they would be to someone about to set out on the same itinerary in a small boat of his own." R. Sokolov, New York Times Book

Review

**Cruising World** Bloomsbury Publishing

A soup-to-nuts introduction to small, economical sailing craft Trailer sailers--the smallest, most economical sailboats with sleeping accommodations--are a popular platform for learning the basics of sailing and are often considered to be the entry level to cruising under sail. Author Brian Gilbert shows how trailer sailers can be the ideal craft for a lifetime of enjoyment, including serious, long-distance cruising. This book covers all the bases, including how to inspect, buy, and equip a boat; how to trailer, sail, navigate, and cruise in small boats; how to use communications and navigation equipment; and more.

**The Bean Book** McGraw Hill Professional

Brown discusses the approaches to eating, sleeping, sanitation, storage, and safety on the smallest (15- to-24-foot) cruising sailboats, and reviews the various hull forms and sail plans available. This book is a revised edition of Brown's Sailing on a Microbudget, which reviewers called the winner for daysailing and weekend cruising" (ENSIGN) and a real joy to read, reaffirming the adage that simple is better' with compact grace and style" (Small Boat Journal).

*The Chinese Sailing Rig* Hachette Books

The Chinese Sailing Rig: Design and Build Your Own Junk Rig is a stem-to-stern guide for the Western sailor who wants to junk rig any hull. Words and drawings clearly explain in detail concepts that have been successfully used for millenia in the Orient. Using Western materials and techniques, Derek walks the amateur designer/builder through all the steps to successfully junk rig their hull of choice. The emphasis is on adaptation of the Chinese rig to Western hulls. Clear and concise, The Chinese Sailing Rig does in a small book what others have attempted in much larger volumes. This edition is an update of the original that has been selling worldwide since 1981. "Van Loan squeezes into a small paperback what Hasler and McLeod did in a large hardback. Van Loan manages to get a lot of information over remarkably well." Classic Boat"Offers good basic instruction for fitting a junk rig to a boat of your choice...this book will, most importantly, help to keep it simple." Robin Blain; Hon. Sec. Junk Rig Association

**A Yacht Voyage Round England** HarperThorsons

Examines the history and purpose of political rituals, discusses examples from Aztec cannibal rites to presidential inauguration,

and argues that the use of ritual determines the success of political groups.

*Seraffyn's European Adventure* A&C Black

Voyaging on a Small Income Adlard Coles

**Yachting** McGraw-Hill

The Pacific Crossing Guide is a complete reference for anyone contemplating sailing the Pacific in their own boat. From ideal timing, suitable boats, routes, methods of communication, health and provisioning to seasonal weather, departure and arrival ports, facilities, likely costs and dangers, the comprehensiveness of this new edition will both inspire dreamers and instil confidence in those about to depart. This new edition has been completely restructured with Part 1 covering thorough preparation for a Pacific crossing and Part 2 covering Pacific weather patterns, major routes and landfall ports, with useful website links throughout. There are completely new sections on rallies, coral atolls and atoll navigation, the cyclone season and laying up, use of electronic charts, satellite phones versus HF radio, ongoing maintenance, and Pacific festivals. Completely updated, expanded and refreshed for the new generation of Pacific cruisers, this is the definitive reference, relied upon by many thousands of cruisers.

**As Long as It's Fun** MDPI

A former Wall Street Journal reporter and author of The Proving Ground presents a narrative account of the construction of a \$40 million yacht through the experiences of its contributors, tracing the audacious Ponzi scheme devised by its creator and the roles of the Southern Mississippi laborers who built it.

**Cruising World** Lin and Larry Pardey

This is the reassuring voice of the ocean sailing community. Your big adventure starts here. For many sailors, an ocean passage is the big dream. But many will worry that they don't have the right experience, that their boat isn't strong enough, or that it will be prohibitively expensive and difficult. Ocean Sailing will prepare you for an ocean passage by painting a picture of what ocean sailing is really like, through the experiences of others who have gone before. Topics covered range from safety to boat kit and preparations, budgeting to staying in touch with home, equipment breakdowns to health and weather. Members of three great cruising clubs - the Royal Cruising Club, Ocean Cruising Club, and the Cruising Club of America - share their vast wealth of

experience, and by focusing on the practicalities of ocean sailing, allay the anxieties and doubts of prospective ocean cruisers to ensure a deeply satisfying ocean voyage.

**Sailing the Farm** Paradise Cay Publications

Logistics Transportation Systems compiles multiple topics on transportation logistics systems from both qualitative and quantitative perspectives, providing detailed examples of real-world logistics workflows. It explores the key concepts and problem-solving techniques required by researchers and logistics professionals to effectively manage the continued expansion of logistics transportation systems, which is expected to reach an estimated 25 billion tons in the United States alone by 2045. This book provides an ample understanding of logistics transportation systems, including basic concepts, in-depth modeling analysis, and network analysis for researchers and practitioners. In addition, it covers policy issues related to transportation logistics, such as security, rules and regulations, and emerging issues including reshoring. This book is an ideal guide for academic researchers and both undergraduate and graduate students in transportation modeling, supply chains, planning, and systems. It is also useful to transportation practitioners involved in planning, feasibility studies, consultation and policy for transportation systems, logistics, and infrastructure. Provides real-world examples of logistics systems solutions for multiple transportation modes, including seaports, rail, barge, road, pipelines, and airports Covers a wide range of business aspects, including customer service, cost, and decision analysis Features key-term definitions, concept overviews, discussions, and analytical problem-solving

*On Political Equality* Elsevier

Sailing and crusing to distant shores can be as cheap or expensive as the pocket desires. This bestseller is about how to get the right boat, prepare it and organize the financial side of life, so that you can manage the costs.

*Offshore Cruising Encyclopedia* Lin and Larry Pardey

A destiny that leads the English to the Dutch is strange enough; but one that leads from Epsom into Pennsylvania, and thence into the hills that shut in Altamont over the proud coral cry of the cock, and the soft stone smile of an angel, is touched by that dark miracle of chance which makes new magic in a dusty world.

*Cruising World* Tiller Pub

Maintaining that there is little preventing one from cruising the world by boat, this book provides practical ideas for turning one's dreams of life at sea into reality, with suggestions for preplanning and simplifying one's life.

**Love with a Chance of Drowning** Voyaging on a Small Income  
The central volume in Ivan Doig's acclaimed Montana trilogy, *Dancing at the Rascal Fair* is an authentic saga of the American experience at the turn of this century and a passionate portrayal of the immigrants who dared to try new lives in the imposing Rocky Mountains. Ivan Doig's supple tale of landseekers unfolds

into a fateful contest of the heart between Anna Ramsay and Angus McCaskill, walled apart by their obligations as they and their stormy kith and kin vie to tame the brutal, beautiful Two Medicine country.

*Coyote Lost at Sea* Beowulf, Incorporated

A fun and exciting guide to the world of living out at sea. This book will teach you what you need to know in order to live safely, economically and cheaply when spending months at sea. If nothing else, this book will send you chasing for your dreams, whether it

be to take an adventure at sea or just about anything else. This is the first of a four-book series which begins on the journey that Lin and Larry Pardey began 34 years ago in their self-built 24-foot engineless cutter, *Seraffyn*. In this journey, we explore places such as Mexico, Central America, the Caribbean, and the Islands of the Atlantic ocean. Throughout the book, we learn about people and customs, we learn about the tricks of boating, we learn about survival. This 25th anniversary edition includes a new forward, new appendixes, and a color photo album showing Lin, Larry and the *Seraffyn* during those months at sea.